

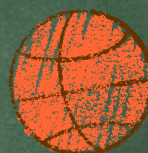
The CHAT

September 2026



Helpful Tips for Getting Children Ready to Start the New School Year

- Shift bedtime to wake up earlier in 15 minute increments
- Turn off all electronics at least 30 minutes before bed
- Practice the morning commute beforehand
- Clean out last year's backpack to see what items can be reused
- Create a designated area for backpacks and other school supplies for easy access on busy mornings
- Set up a quiet and organized study area for homework
- Shop for easy and healthy after school snacks
- Ensure that all immunization and health records are updated



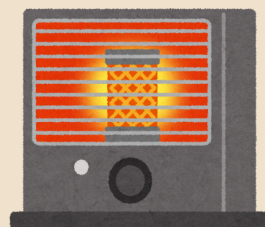
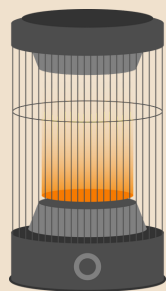


Office of Children and Family Services

Regulations Review

As cooler temperatures approach it is important to remember...

**PORTABLE HEATING DEVICES
ARE NOT PERMITTED IN CHILD CARE PROGRAMS.**



GFDC 416.5(c)

FDC 417.5(c)

SACC 414.5(c)

DCC 418-1.5(c)

Portable electric heaters or other portable heating devices, regardless of the type of fuel used, may not be used in child care programs.

This includes all home-based programs, center-based programs, and school age programs.

Professional Development Saturday PD Training Session

Saturday, September 19, 2026

8:45 am - 1:00 pm

COI Connections North
10825 Bennett Rd. Dunkirk
Conference Room

REGISTER HERE

OR

**Contact Rebecca Potter at
rpotter@chautopp.org**

2026 Chautauqua **Early Childhood** Fall Conference

SATURDAY, OCTOBER 17, 2026

Join us for the 2026 Chautauqua Fall Conference! With our wonderful keynote speaker, Meg Pheterson, and a selection of breakout sessions to choose from, you can earn up to 5.25 training hours and have the opportunity to network with your colleagues.

**Don't Bench The Child:
Rethinking Behavior, Belonging,
and Play**



In this keynote, participants will explore how children with disabilities are often suspended from “play” through everyday practices that police, restrict, or remove them from peer interactions.

**KEYNOTE SPEAKER
MEG PHETERSON**

Register Here

\$40

NY AEYC Members

\$55

Nonmembers

\$10

Students

Dunkirk City School District High School

75 West Sixth Street, Dunkirk, NY 14048





CACFP & Nutrition

Reminder to all CACFP participants – 1 hour of training plus civil rights is REQUIRED annually.

Trainings can be taken in person or online. However, ONLY the Thirty on Thursdays webinars are approved to fulfill CACFP online annual training.

Use this link for Thirty on Thursdays and Civil Rights training:

<https://www.chautauquaopportunities.com/cacfp/>.

Participants have until December 31, 2026, to complete their training for 2026.

Reminder →

CACFP Murder Mystery

September 16, 2026

6:00 pm - 7:15 pm

In person at

Laughlin Community Action Center

2nd Floor Conference Room

402 Chandler St. Jamestown



[Register Here](#)

Locally grown fruits and vegetables are plentiful now. While canned and frozen foods are very nutritious options, for flavor, fresh is often the best. In addition, buying local helps support other small businesses and boosts our economy. Local stands and farmers markets are plentiful in Chautauqua and Cattaraugus Counties.

Traveling farmers markets are also available. In Cattaraugus County, Veggie Wheels has started its 11th season for delivering fresh fruits and vegetables to several locations.

Go to: <https://www.cattco.gov/veggie-wheels> for more information.

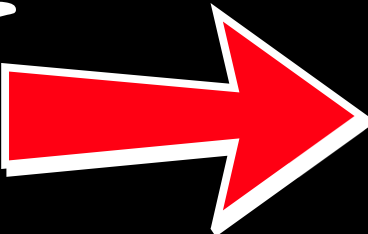
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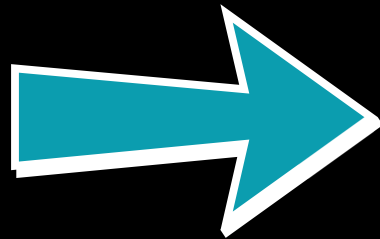
Chautauqua County's Mobile Market schedule can be found at:

<https://www.jfmny.org/events?category=Mobile%20Market>.

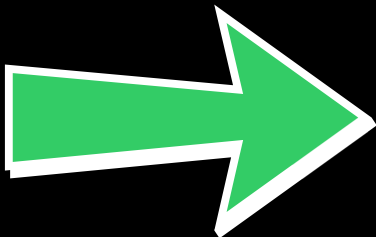


Business

- 
- Create a Business Plan
 - Strategize Budgeting Techniques
 - Implement Time & Space Allocations
 - Learn about insurance and retirement needs
 - Invest in a Child Care Management System
 - And MUCH MORE!

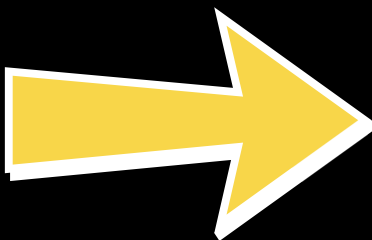


**Earn Training
Credit Hours!**



[Click Here to Join](#)

Or Scan QR Code

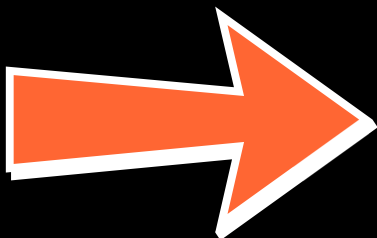


Next Meeting:

Sept. 28, 2026

6:00 pm - 8:00 pm

402 Chandler St. Jamestown



Contact Meg Rodgers to register for training:

716-661-9430 ext. 2286

mrodgers@chautopp.org

Child Care Advocacy

Empire State Family Child Care Collaborative

The ESFCCC expands the reach and capacity of Staffed Family Child Care Networks across New York State by equipping participating Child Care Resource Centers to:

Improve participants' financial success by providing child care management software and individualized business coaching designed to increase revenue, decrease costs, and increase access to retirement planning.

Enhance child care provider well-being by saving time and decreasing stress, facilitating interpersonal connections, and offering increased access to free telehealth services.



**To learn more
click this link!**



ESFCCC



**Early Care &
Learning Council**
United to Promote Quality

**ESFCCC is a statewide initiative funded by
New York's Office of Children and Family
Services (OCFS) and facilitated by ECLC.**

Resources



The Chautauqua Child Care Council

works to foster collaborative relationships in order to build a strong responsive child care support system meeting the needs of all of Chautauqua County's families, child care providers, businesses and communities.

Share The Chat with your employees and your families!

The Chautauqua Child Care Council is a division of

